Navigating MOVING INTO IV

Moving into IV can be a really overwhelming experience. This might be the first time you have ever paid your own rent, maintained your own space, and lived on your own. From dealing with landlords to communicating with your housemates, a lot of challenges may come up. This is a huge transition, even from the dorms, but there are methods to help smoothen your journey.

SET A CHORELIST

Sharing a space means being equally responsible for taking care of it. No one wants to be in charge of all the cleaning, so be sure to communicate with them about the condition of the apartment or house. This can be a tough conversation to have, especially if you are living with friends, but they are important in order to keep your space clean and your relationships healthy.

COMMUNICATE EFFECTIVELY

As mentioned above, living with friends can make it more difficult to have those harder conversations. The balance between friendship and housemates is constantly shifting, and you may not always get along with your housemates. You might be switching from 1-2 roommates to 3-5 housemates. A way to combat this is by having open and clear communication with them about any of your concerns, whether it be about cleaning, money, or even just attitude. An open conversation will help you and your housemates understand each other and build better relationships.

KNOW YOUR RESOURCES

At UCSB, we have a lot of amazing resources that can provide you with information on landlord/tenant disputes, rental rights, financial advice, and how to find an apartment. The University & Community Housing Office offers a lot of advising with these different topics and more – they can help you with situations regarding your roommates and also with your landlords. If you find yourself living in a toxic household, especially one that might be dealing with interpersonal violence, CARE is a resource that can help provide you with moving out and/or financial issues.